



## Sporty Headband

*This easy knit headband will keep your ears warm as the weather gets cool. Make them for all your spirited friends in your team's colors!*

LW2234



EASY

Designed by Grace Alexander.

One size fits most 20" - 22" head circumference.

**RED HEART® Super Saver®:** 1 skein each 321 Gold **A** and 385 Royal **B**.

**Knitting Needles:** 4.5mm [US 7].  
Yarn needle.

**GAUGE:** 22 sts = 4"; 23 rows = 4" in K1, p1 Rib (unstretched). **CHECK YOUR GAUGE. Use any size needles to obtain the gauge.**

**K1, p1 Rib (worked over an odd number of sts)**  
**Row 1 (Right Side):** K1, \* p1, k1; repeat from \* to end.  
**Row 2:** P1, \* k1, p1; repeat from \* to end.  
Repeat Rows 1 and 2 for K1, p1 rib.

### HEADBAND

With **A**, cast on 101 sts.

#### Begin Stripe Sequence

Join **B**, work in K1, p1 rib and Stripe Sequence as follows:  
4 rows with **B**, 2 rows with **A**, 2 rows with **B**, 2 rows with **A**,  
6 rows with **B**, 1 row with **A**. Bind off in rib.

### Ring

With **B**, cast on 11 sts.

Work in K1, p1 rib until piece measures 4¼". Bind off in rib.

### FINISHING

Sew headband seam. Wrap ring around headband and sew seam.



**RED HEART® Super Saver®**, Art. E300 available in solid color 7 oz (198 g), 364 yd (333 m); multicolor, heather and print 5 oz (141 g), 244 yd (223 m), flecks 5 oz (141g), 260 yds (238 m) skeins.

**ABBREVIATIONS:** **A, B** = color A, B; **k** = knit; **mm** = millimeters, **p** = purl; **st(s)** = stitch(es); \* or \*\* = repeat whatever follows the \* or \*\* as indicated.

